

Office hours  
Monday – Friday  
10am to Noon

After hours 204-333-6884  
Emergency Family Crisis

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## Rabbi Allan's Message

Summer has arrived, the days are longer and our Temple goes quiet(er) for the next couple months. It's more than a coincidence and I'm not complaining because it actually might be a good thing. After all, life is intended to be about living life, and our religion or our religious and spiritual practices are meant to fuel that journey. And when our spiritual tanks are full, why not enjoy the experience?

Summer introduces us to the irresistible lure of light and life, ideas that percolate all through the Torah. There are so many images of light pushing back against the darkness. We are told that God created light and saw that it was good; Aaron was commanded to maintain an eternal light in front of the sanctuary in the desert, which we have continued to do inside our synagogues all around the world. And we are reminded again and again that we are a light amongst the nations. So, it is hardly a surprise that summer helps us glow a bit more from the inside.

George Gershwin's song Summertime might suggest that "Summertime, and the living is easy." However, we know that life doesn't always offer up easy.

However, the warm rays of summer and the long days of light offer us the possibility and the hope that the living will at least be easier. And this is my hope and wish for each of us in the months ahead. Easier is good.

Rosh Hashana is quite late this year, three months away until we will gather for Erev Rosh Hashana on Wednesday, October 2! In the meantime, let us celebrate these spiritually uplifting days. Let the warmth of the sun and the sounds of nature and new life seep into our bones and into our spirits.

And when the need or the inclination arises, feel free to drop in for a Friday evening Kabbalat Shabbat service. Even as we traverse these long summer days, life still happens and sometimes we will still need community to surround us, and prayers and music to uplift us.

## Tikkun Olam

### Main Street Project

We will be packing lunches on Sunday, July 7th at 12:00 pm.

We welcome Donations of Sandwiches (chicken, tuna, egg, cheese, & PB&J), baking, carrots, apples & oranges.

To assist in any way... Please email Anita Moeller: [tshalom1@gmail.com](mailto:tshalom1@gmail.com)

We very much appreciate the ongoing contributions of both our regular and new volunteers! For more about Main Street Project, check out their website: <https://www.mainstreetproject.ca/programs-and-services/emergency-and-social-services/>

Anita Moeller

### *The Healing Heart Garden*

**This special project is taking place again this year, growing beans, corn & squash, sweetgrass, and more plants that are important to Indigenous culture. The food is given to an organization helping those with food insecurity.**

**If you are interested in helping us tend the garden through the summer, please email [tshalom1@gmail.com](mailto:tshalom1@gmail.com)**

### Updates from ARZA and the ADL

For another view of the repercussions of the war in Gaza, read the update from the Antidefamation League on the protests on university campuses. Although this document refers to the situation in the US, it also reflects what is happening here in Canada. Read the report here. [https://www.adl.org/resources/blog/what-do-anti-israel-student-organizers-really-want-examining-extreme-demands-behind?utm\\_campaign=asbrief2024&utm\\_medium=email&utm\\_source=whole&utm\\_content=20240516](https://www.adl.org/resources/blog/what-do-anti-israel-student-organizers-really-want-examining-extreme-demands-behind?utm_campaign=asbrief2024&utm_medium=email&utm_source=whole&utm_content=20240516)

July 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Canada Day – Office closed.	<b>2</b>	<b>3</b> Yoga Shalom 10:30 – 11:45	<b>4</b>	<b>5</b> Yoga Shalom 10:30 – 11:45 <b>6:00 pm</b> <b>Kabbalat Shabbat Service</b> Led by: Linda Freed & Janet Pelletier-Goetze	<b>6</b> <i>Korach</i>
<b>7</b> Yoga Shalom 10:30 – 11:45  Main St. Lunch packing 12:00 pm	<b>8</b>	<b>9</b>	<b>10</b> Yoga Shalom 10:30 – 11:45	<b>11</b>	<b>12</b> Yoga Shalom 10:30 – 11:45 <b>6:00 pm</b> <b>Kabbalat Shabbat Service</b> Led by: Myriam Saitman, David Vamos & Janet Pelletier- Goetze	<b>13</b> <i>Chukat</i>
<b>14</b> Yoga Shalom 10:30 – 11:45	<b>15</b>	<b>16</b>	<b>17</b> Yoga Shalom 10:30 – 11:45	<b>18</b>	<b>19</b> Yoga Shalom 10:30 – 11:45 <b>6:00 pm</b> <b>Kabbalat Shabbat Service</b> Led by: Ruth Livingston & Janet Pelletier- Goetze	<b>20</b> <i>Balak</i>
<b>21</b> Yoga Shalom 10:30 – 11:45	<b>22</b>	<b>23</b>	<b>24</b> Yoga Shalom 10:30 – 11:45	<b>25</b>	<b>26</b> Yoga Shalom 10:30 – 11:45 <b>6:00 pm</b> <b>Kabbalat Shabbat Service</b> Led by: David Topper, David Vamos & Janet Pelletier-Goetze	<b>27</b> <i>Pinchas</i>
<b>28</b> Yoga Shalom 10:30 – 11:45	<b>29</b>	<b>30</b>	<b>31</b> Yoga Shalom 10:30 – 11:45	<b>All Summer Friday Kabbalat Shabbat Services will begin at 6:00 pm</b>		

*Please call or email the office, to add yahrzeits to your file.*

*You will be notified of the yahrzeit and date on which your loved one's name will be read at the Temple.*

*Acts of generosity in memory of loved ones is a Jewish tradition.*

*Please consider making a contribution to Temple Shalom at the time of a yahrzeit.*

Name	To Be Read Fri.	Civil Date (Evening)	Observed
<b>RALPH NOVEK</b> , father of Joel Novek	July 5	Sun June 30	Sivan 24
<b>RANDOLPH BUSCHAU</b> , husband of Marcia Buschau	July 5	Mon July 1	Sivan 25
<b>BARRY SHTATLEMAN</b> , husband of Delores Shtatleman	July 5	Mon July 1	Sivan 25
<b>HELEN KHALIL ZAHALAN</b> , mother of Cheryl Sharfe	July 5	Tue July 2	Sivan 26
<b>DOVYD FRID</b> , Child Shoah Victim	July 5	Wed July 4	Sivan 27
<b>JUNE WEINSTEIN</b> , mother of Morene Weinstein	July 12	Tue July 9	Tammuz 3
<b>LIUBA FRIDLAND</b> , Child Shoah Victim	July 12	Wed July 10	Tammuz 4
<b>FRANCES NARUZYNY</b> , mother-in-law of Roslyn Nairn	July 12	Wed July 10	Tammuz 4
<b>ENID SALITA</b> , mother of David Salita	July 12	Thu July 11	Tammuz 5
<b>CHARLES BOYCE</b> , grandfather of Kenny Boyce	July 12	Fri July 12	Tammuz 6
<b>STANLEY BOYCE</b> , uncle of Kenny Boyce	July 12	Fri July 12	Tammuz 6
<b>IRENE CHAIKIN</b> , sister of Sheldon & Sandra Glass	July 12	Fri July 12	Tammuz 6
<b>LEE SCHACHTER</b> , mother of Miral Gabor & Seema Schachter	July 19	Sun July 14	Tammuz 8
<b>AUBREY ASPER</b> , husband of Linda Asper	July 19	Wed July 17	Tammuz 11
<b>BORIS FRIDMAN</b> , Child Shoah Victim	July 19	Wed July 17	Tammuz 11
<b>ETTIE FRANK</b> , mother of Jeff Frank	July 19	Thur July 18	Tammuz 12
<b>ROSE GEFFIN</b> , mother of Rena Krongold	July 26	Mon July 22	Tammuz 16
<b>RACHEL WOLODARSKY</b> , mother of Bert Wold	July 26	Tue July 23	Tammuz 17
<b>MONEIK FRIDMAN</b> , Child Shoah Victim	July 26	Wed July 24	Tammuz 18
<b>DAVID STEINGARTEN</b> , father of Leonard Steingarten	Aug 2	Sun July 28	Tammuz 22
<b>HARRY WEINSTEIN</b> , father of Judith Huebner	Aug 2	Tue July 30	Tammuz 24
<b>ILYA FRIDMAN</b> , Child Shoah Victim	Aug 2	Wed July 31	Tammuz 25
<b>LIONEL WITTENBERG</b> , father of Bobbe Poggi	Aug 2	Wed July 31	Tammuz 25



**Standard Cards - \$18 & \$25**

**Art Cards -**

\$36 & up: (7.5w x 5.5h)

**Funds**

**General, Building, Music, School,  
Rabbi's Discretionary, Torah/Book Fund,  
Professional Development**

**Thank you for your generous donations!**

We do appreciate your gifts!

We accept donations by e transfer, cheque, cash  
or credit card.

**The Board of Directors and the Temple Shalom  
Congregation extends....**

**Welcome to new Members**

**Thank you to**

Bobbe & Maurice Poggi

Delores Shtatleman

David Topper

For their most generous donations towards the  
Professional Development Fund for Myriam  
Saitman's rabbinic studies.

Shane Broesky

For his on-going most generous donations to the  
General Fund

Stephen & Corky Rosenfield for their most  
generous donation to the Music Fund

**Condolences to**

Sophie Gaulin, on the loss of her mother Jacqueline  
Gaulin

Eduardo & Monica Schor, on the loss of Eduardo's  
mother Vera Schor

**General Fund**

**In Memoriam**

Harry Weinstein, father of Judith Huebner

*-Judith & Erwin Huebner*

Bernie Weinstein, uncle of Judith Huebner

*-Judith & Erwin Huebner*

Lionel Wittenberg, father of Bobbe Poggi

*-Bobbe & Maurice Poggi*

**Condolences to**

Zack, Carli & Benji Portman, on the loss of their father &  
Sabbah Ron Portman

*-Bernie & Cynthia Hornstein*

Sophie Gaulin, on the loss of her mother Jacqueline  
Gaulin

*-Billy & Libby Brodovsky*

Eduardo & Monica Schor, on the loss of Eduardo's  
mother Vera Schor

*-Judith & Erwin Huebner*

*-Judy & Michael Doob*

*-Miral & Robbie Gabor*

*-Debbie & Rick Wolfson*

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**Funds**

**General, Building, Music, School,  
Rabbi's Discretionary, Torah/Book Fund,  
Professional Development**

**Thank you for your generous donations!**

We do appreciate your gifts!

We accept donations by e transfer, cheque, cash  
or credit card.

**Building Fund**

**Thank you to**

Shawna Forester Smith, for her valuable contributions to  
the Temple over the years

*-David Topper*

**Music Fund**

**Condolences to**

Jeff & Marilyn Weltman, on the loss of their father Harry  
Weltman

*-Bev & Peter Mendelson*

Sally Weltman, on the loss of her husband Harry Weltman

Robert & Shelly Chochinov, on the loss of their brother Garry  
Chochinov

*-Bev & Peter Mendelson*

**School Fund**

**Condolences**

Sophie Gaulin, on the loss of her mother Jacqueline  
Gaulin

*-Elliott & Elaine Saunders*

**Prayer Book Fund**

**Condolences**

Eduardo & Monica Schor, on the loss of Eduardo's mother  
Vera Schor

*-Ruth Livingston*



## Temple Programs

### Upcoming in the Fall

Learn to Read Hebrew for Adults – In Person at Temple Shalom

Taught by Ruth Livingston

Mondays at 7:00 pm

Start Date: September 9

### Request

There has been a request from Shoshana Forester Smith for toiletries for her ward at Deer Lodge Centre. Donations may be dropped off at Temple Shalom in our main foyer.

Thank you in advance for your donations.

### Book Signing

Rabbi Jeffrey Gale is a former spiritual leader of Temple Shalom who served the congregation from 1988-1998. While visiting family and friends in Winnipeg, he will be promoting his second book, *The Secret of Redemption*. The event will take place at Chapters Indigo, located at 1590 Kenaston Boulevard in Kenaston Common on Sunday, August 4 from 11 am -1 pm. While there will be no formal presentation, Rabbi Gale will be sitting at a table where there will be ten hard copies available for sale. He would be delighted to sign books and to include a personal note for people he knows from his time at Temple Shalom.

# Temple Programs



## EXPLORE A MODERN PERSPECTIVE ON JEWISH LIFE

Temple Shalom is pleased to offer the course: Introduction to Judaism

This is an engaging 22 week course for anyone interested in exploring Jewish life through a progressive, liberal Reform lens.

Open to all, this course is perfect for interfaith couples, those raising Jewish children, spiritual seekers, individuals considering conversion, and Jews who want a meaningful adult Jewish learning experience.

We welcome people from all backgrounds and are LGBTQ2+ friendly. Topics include holidays, life cycle celebrations, theology and core beliefs, Hebrew, prayer, the Bible and other sacred texts, history, anti-Semitism and the Holocaust, Zionism, and Israel, the North American experience, and the tapestry of the Jewish people today.

Experiential Learning will be an integral part of the course with a Shabbat Dinner, a Passover Seder, and other celebrations.

Dates: 22 week course, taught by Sherry Wolfe Elazar, begins Wednesday September 4, 2024-February 19, 2025  
Wednesday evenings from 7:00-9:00. October classes will be on Tuesday evenings instead, due to the Jewish Holidays.  
Location: Each month 3 classes will be on Zoom and one class in person at Temple Shalom.

Tuition: \$250 for individuals, plus \$100 for partners. Students who are in committed relationships are strongly encouraged to register with their partners.

Registration: Please contact Cynthia at Temple Shalom at [tshalom1@gmail.com](mailto:tshalom1@gmail.com) (weekday mornings, 204-453-1625) or for a registration form. Registration is not complete until tuition is submitted.

**Please register by Monday, August 12, 2024.**

Questions about Reform Judaism? Visit Reform Judaism to learn more about Reform Judaism, Jewish Life, and Jewish Learning. Subscribe to free ReformJudaism.org newsletters.

Questions about Conversion? This Introduction to Judaism course is not a conversion course. However, Temple Shalom currently requires people exploring conversion to take this course, either with us or online through the URJ.



1077 Grant Avenue [tshalom1@gmail.com](mailto:tshalom1@gmail.com) (204) 453-1625



## Temple Programs

### **Reminder: TEMPLE SHALOM ENGAGEMENT QUESTIONNAIRE**

Thank you to those who have filled out the engagement questionnaire so far. We are already learning a lot from your responses. We've received positive feedback for much of what we do, but we're also learning what's not working so well for some of you. We will keep all of this in mind as we plan for the coming years.

If you have not yet filled out the questionnaire, we hope you find time to do so – it is important to express your thoughts and ideas; the more responses we receive the better they will reflect our community and the better we can plan for the future of Temple Shalom.

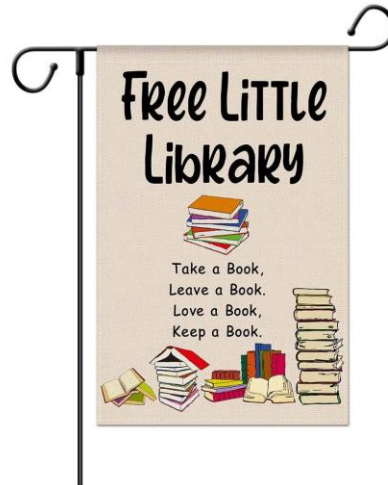
This is a great opportunity for us to build community and work together; we can go far if we do it together.

“Instructions for Completing the Questionnaire To ensure that your responses are successfully recorded, please follow these simple steps to complete the questionnaire: 1. Access the Questionnaire: o Navigate to the questionnaire by clicking on this link: <https://bit.ly/43hBEai> o Make sure you are connected to the internet when you do so. 2. Answer Each Question: o Carefully read and answer each question presented in the questionnaire. Your input is valuable, so please take the time to consider each response. 3. Submit Your Responses: o Once you have answered all the questions, you will find a 'Submit' button at the bottom of the questionnaire page. o Important: You must answer all the questions; otherwise, the 'Submit' button will not finalize your submission. If you try to submit the questionnaire with unanswered questions, you will be prompted to complete them. 4. Confirmation Screen: o After clicking the 'Submit' button, wait for a moment until you are directed to a confirmation screen. This screen verifies that your responses have been successfully submitted. Thank You for Your Participation! By following these steps, you will have successfully completed the questionnaire. Your feedback is greatly appreciated and will contribute valuable insights. If you have any questions or encounter any issues while completing the questionnaire, please do not hesitate to contact Temple Shalom at 204-453-1625 or [tshalom1@gmail.com](mailto:tshalom1@gmail.com).”

### **Amazing opportunity to invest in future of Temple Shalom**

We are so excited to support our member Myriam Saitman as she embarks on her journey toward rabbinic ordination. Myriam will begin her studies at the JSLI (Jewish Spiritual Leaders Institute) in September and will be ordained in June 2025 at which time she will begin her tenure as the rabbi of Temple Shalom. Please consider making a contribution to the Professional Development Fund so that we can invest in our future by providing a scholarship to Myriam to help cover the costs of tuition and books.

## Temple Programs



### **We are building a Free Little Library in the foyer of Temple Shalom.**

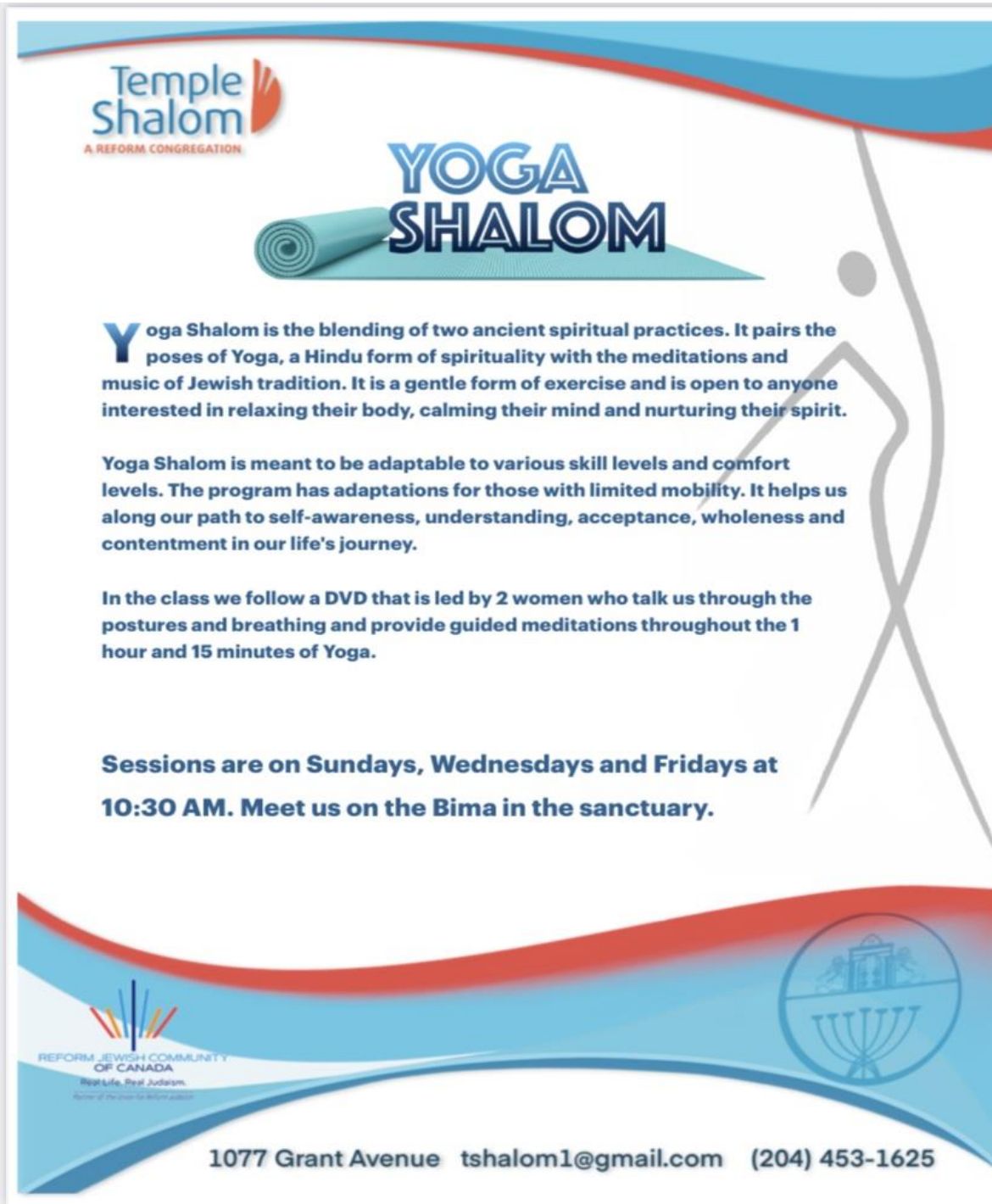
A Free Little Library is a free book-sharing bookshelf where anyone may take a book or share a book. They function on the honour system. You do not need to share a book in order to take one. If you take a book or two from a little library, try to bring some to share to our library. You can place your book donations on the shelf anytime.

*We are requesting that you donate only Jewish-themed fiction novels that have been published in the last 10 years.*

**PLEASE DO NOT GIVE NON-FICTION BOOKS, RELIGIOUS BOOKS, OR NOVELS PUBLISHED BEFORE 2014.**

**Happy reading everyone!**

# Temple Programs



The flyer features a blue and red wavy border at the top and bottom. At the top left is the Temple Shalom logo. In the center, a rolled-up yoga mat is shown next to the text 'YOGA SHALOM'. On the right side, there is a stylized grey silhouette of a person in a yoga pose. The text is arranged in several paragraphs, followed by session information and contact details at the bottom.

**Temple Shalom**  
A REFORM CONGREGATION

## YOGA SHALOM

**Y**oga Shalom is the blending of two ancient spiritual practices. It pairs the poses of Yoga, a Hindu form of spirituality with the meditations and music of Jewish tradition. It is a gentle form of exercise and is open to anyone interested in relaxing their body, calming their mind and nurturing their spirit.

Yoga Shalom is meant to be adaptable to various skill levels and comfort levels. The program has adaptations for those with limited mobility. It helps us along our path to self-awareness, understanding, acceptance, wholeness and contentment in our life's journey.

In the class we follow a DVD that is led by 2 women who talk us through the postures and breathing and provide guided meditations throughout the 1 hour and 15 minutes of Yoga.

**Sessions are on Sundays, Wednesdays and Fridays at 10:30 AM. Meet us on the Bima in the sanctuary.**

**REFORM JEWISH COMMUNITY OF CANADA**  
Right Life, Right Judaism.  
Agencies of the Jewish People

**1077 Grant Avenue tshalom1@gmail.com (204) 453-1625**

## URJ and ARZA Programs

### **REGISTER NOW**

#### [Learn to Read Hebrew for Adults \(Cohort 2024-9\) - Union for Reform Judaism](#)

Sundays, September 8, 2024 - November 3, 2024, 11 a.m. - 12 p.m. ET.  
Number of sessions: 10.

### **REGISTER NOW**

#### [Learn to Read Hebrew for Adults \(Cohort 2024-10\) - Union for Reform Judaism](#)

Sundays, September 8, 2024 - November 10, 2024, 7 p.m. - 8 p.m. ET.  
Number of sessions: 10.

### **REGISTER NOW**

Questions? Contact [learning@urj.org](mailto:learning@urj.org)

Go to [arzacanada.org/events](https://arzacanada.org/events) to read about various events and to register for individual programs.



alternative and traditional burial at  
Temple Shalom's

**Bet Chaim Mikdash Shalom**

on the property of Chapel Lawn Funeral Home

For information call  
204-453-1625 Temple Shalom

**Memorial Plaques:**

Small: \$144 (first base)  
Medium: \$180 (second base of candles)  
Large: \$360 (on candle stick)  
Flame: \$540

\*\*\*\*\*

**Tree of Life:**  
Leaf: \$144

**Tribute Cards**

Standard Cards \$18 & \$25

Art cards by Isabel Cheer & Ruth Livingston  
\$36 & up  
Funds  
General, Building, Music, School,  
Rabbi's Discretionary,  
Torah/Book Fund,  
Professional Development

**Penn Torah**

One of the Five Books  
\$3,600  
Parashah - \$900  
Biblical Story/Chapter  
\$450  
Paragraph - \$360  
Hashem's Name - \$360  
Verse - \$180  
Word - \$54  
Letter - \$36

**Planned Giving and Temple Shalom**

**Securities:** Donate securities, which have matured, but on which you prefer not to pay capital gains. When a security is donated, there is no tax on the capital gain, and a charitable tax receipt is issued for the full amount. This donation benefits you, while helping the Temple.

**Israel Bonds:** Celebrate by building for the future with the State of Israel's promise of a bond! Israel Bonds may be given as gifts, in either CDN or US!  
Israel Bonds can be registered jointly in the name of Temple Shalom and are 100% self-directed RRSP, RRIF, TFSA & RESP eligible. Pledge cards are available on the table in the lobby near the sanctuary.

**Estate Planning:** We are grateful to those donors who remember Temple Shalom with Bequests. These gifts contribute significantly to the Temple's long-term financial well-being and help ensure its success in our Jewish Community and as a representative of the Reform Movement in Canada.

*As you make plans for your estate, we hope that you will consider a bequest to Temple Shalom.*