



Office hours  
Monday – Friday  
10am to Noon

After hours 204-333-6884  
Emergency Family Crisis

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## President's Message

**“G'mar Chatimah Tovah”.** May you be inscribed in the book of life for a healthy and happy year.

The most intense time in the Jewish calendar is coming to a close and we can begin the process of reflecting on it and looking forward to the future. For me, the Neilah service embodies it all, the inspiring music, the transition from reflection to gazing ahead, and the imagery of the closing gates all punctuated by the return to the secular and mundane through the beautiful ritual of Havdalah. We hope to be sealed in the book of life for a good, happy and healthy year but we should all remember that the seal isn't fixed and the gates aren't closed yet; there is always time to make changes.

Reflecting on the last few weeks, I know It takes months for the Rabbi, our soloists, the choir and director, our tech expert, the office administrator and many volunteers to do the work needed to make our High Holiday services so inspiring and meaningful. And all this preparation comes at an already busy time of year for many of us coinciding with the return to work and school after the summer break. There was an extra layer of work and concern added to this year's preparations since our long-time cantorial soloist Len Udow remains on medical leave.

I have been the president or co-president of Temple Shalom several times over the last 30 years. I have worked with numerous rabbis and rabbinic students, several cantorial soloists, sometimes a choir, innumerable volunteers, a growing and ever changing congregation and weathered a pandemic. Some of you have been on much or all of that journey with me and some of you are new to me and the congregation; I am delighted that you have joined us. How wonderful these High Holidays were, not only because of the magic that happened on the bimah, but especially because of your presence that made us a community. Judaism is a religion that values, in fact requires, us to come together as a community. The Temple Shalom community is special and unique; you are a critical part of that community. We have many opportunities for you to participate and engage with this wonderful community and I look forward to seeing you again and again and again this coming year.

Judith Huebner

## Tikkun Olam

### West Broadway Project

We will be packing lunches on Sunday, October 8th at 12:00 pm.

We welcome Donations of

Sandwiches (chicken, tuna, egg, cheese, & PB&J), baking, carrots, apples & oranges

To assist in any way ... Please email Anita Moeller: [tshalom1@gmail.com](mailto:tshalom1@gmail.com)

### Todah Rabba - Volunteers - Thank You!

Our Shabbat Service Lay Leaders in September

Matt Scarth and Shoshana Forester-Smith for managing our Instagram Postings

Anita Moeller for running our West Broadway Project lunches

To everyone who helped water & weed the Heart Garden in September!

HUGE Thank you to everyone who helped make the Breaking Bread Together-Challah and Bannock program on October 1 such a fabulous success.

### Special Todah Rabba

Rabbi Allan Finkel, Senior Cantorial Soloist David Vamos, Soloist and accompanist Janet Pelletier-Goetze, the choir under the direction of Erica Tallis, Sherry Wolfe Elazar, Tech specialist Steve Goetze, and Office Administrator Cynthia Hornstein for making the High Holiday services so beautiful and meaningful.

Sherry Wolfe Elazar, our new Adult Learning Coordinator for running our Temple Book Club & coordinating the Heart Garden project

Adult Read Hebrew Level 1 will begin October 2nd at 7:00 p.m. in the Rabbi's office upstairs. Please register with Ruth at [ruth.naomi.livingston@gmail.com](mailto:ruth.naomi.livingston@gmail.com) or via the temple office.

### *Legacy Gifts*

#### Temple Shalom Endowment Fund at the Jewish Foundation of Manitoba

An important option, for those who wish to support the Temple on a long-term basis.

The Temple receives the annual income, while the fund itself grows as donations are made. *A living gift* will show you the results of your generosity at work and the impact it has on the community. *A deferred gift* incurs tax advantages for your estate, while leaving a permanent legacy. Call the Temple for more information.

## October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 10:30 am – Yoga Shalom  2:00 – 4:00 pm Sukkot: Bannock & Challah	<b>2</b> 7:00 pm – Adult Learn to Read Hebrew	<b>3</b>	<b>4</b> 10:30 am – Yoga Shalom  7:00 – 8:30 pm Intro to Judaism	<b>5</b>	<b>6</b> 10:30 am – Yoga Shalom Office Closed 7:30 pm Kabbalat Shabbat Service Ruth Livingston & David Vamos	<b>7</b> <i>Shemini Atzeret</i> 7:00 pm – Simchat Torah – 2 Congregations Under One Roof
<b>8</b> 10:30 am – Yoga Shalom  WBP Lunch Packing 12:00 pm	<b>9</b> Thanksgiving Day – Office Closed 7:00 pm – Adult Learn to Read Hebrew	<b>10</b> Office Closed	<b>11</b> 10:30 am – Yoga Shalom  7:00 – 8:30 pm Intro to Judaism	<b>12</b>	<b>13</b> 10:30 am – Yoga Shalom  7:30 pm Kabbalat Shabbat Service Ruthie Maman & Janet Pelletier-Goetze	<b>14</b> <i>B'reisheet</i>
<b>15</b> 10:30 am – Yoga Shalom	<b>16</b> 7:00 pm – Adult Learn to Read Hebrew	<b>17</b>	<b>18</b> 10:30 am – Yoga Shalom  7:00 – 8:30 pm Intro to Judaism	<b>19</b> 1:00 pm – Temple Shalom Book Club	<b>20</b> 10:30 am – Yoga Shalom  7:30 pm Kabbalat Shabbat Service Myriam Saitman & David Vamos	<b>21</b> <i>Noach</i>
<b>22</b> 10:30 am – Yoga Shalom	<b>23</b> 7:00 pm – Adult Learn to Read Hebrew  6:30 – 9:00 pm TS Conversion Class (continues every Monday)	<b>24</b>	<b>25</b> 10:30 am – Yoga Shalom  7:00 – 8:30 pm Intro to Judaism	<b>26</b>	<b>27</b> 10:30 am – Yoga Shalom  6:00 pm “Shabbat Together” David Topper & David Vamos	<b>28</b> <i>Lech Lecha</i>
<b>29</b> 10:30 am – Yoga Shalom	<b>30</b> 7:00 pm – Adult Learn to Read Hebrew	<b>31</b>				



*Please call or email the office, to add yahrzeits to your file.*

*You will be notified of the yahrzeit and date on which your loved one's name will be read at the Temple.*

*Acts of generosity in memory of loved ones is a Jewish tradition.*

*Please consider making a contribution to Temple Shalom at the time of a yahrzeit.*

Name	To Be Read Fri.	Civil Date (Evening)	Observed
<b>CARMELA FINKEL</b> , mother of Allan Finkel & Marla Shragge	Oct 6	Fri Oct 6	Tishrei 21
<b>YIZKHAK FRUCHTER</b> , Child Shoah Victim	Oct 6	Fri Oct 6	Tishrei 21
<b>SUSAN (SHIRLEY) PELTZ</b> , aunt of Harvey & Sheryl Peltz	Oct 6	Sat Oct 7	Tishrei 22
<b>MAUREE COHEN</b> , father of Micah Cohen	Oct 13	Mon Oct 9	Tishrei 24
<b>BLAIR DAWE</b> , husband of Gail Nep	Oct 13	Mon Oct 9	Tishrei 24
<b>MOLLY KOGAN</b> , mother of Eugene Kogan	Oct 13	Tue Oct 10	Tishrei 25
<b>JCHAK FRUCHTMAN</b> , Child Shoah Victim	Oct 13	Fri Oct 13	Tishrei 28
<b>PHILLIP SCHACHTER</b> , father of Miral Gabor & Seema Schachter	Oct 13	Sat Oct 14	Tishrei 29
<b>REGINA NOVEK</b> , wife of Joel Novek	Oct 20	Mon Oct 16	Heshvan 1
<b>GOLDIE SPRINGMAN</b> , mother of Sandra Glass	Oct 20	Tue Oct 17	Heshvan 2
<b>BLONDIE HUEBNER</b> , mother of Erwin Huebner	Oct 20	Thu Oct 19	Heshvan 4
<b>SYLVIA (TZIVI) REBACK</b> , aunt of David Salita	Oct 20	Thu Oct 19	Heshvan 4
<b>OTTO FRUEDMAN</b> , Child Shoah Victim	Oct 20	Fri Oct 20	Heshvan 5
<b>FRANCES DIAMOND</b> , mother of Cynthia Hornstein	Oct 27	Sun Oct 22	Heshvan 7
<b>SAMUEL NITIKMAN</b> , grandfather of Miral Gabor & Seema Schachter	Oct 27	Sun Oct 22	Heshvan 7
<b>PEARL SOUDACK-SAGEEV</b> , sister of Ruthie Soudack-Maman	Oct 27	Mon Oct 23	Heshvan 8
<b>JOSEPH VAN BUREN</b> , father of Jo Ann Greisman	Oct 27	Wed Oct 25	Heshvan 10
<b>MICHAEL PADDOCK</b> , son of Seema Schachter	Oct 27	Thu Oct 26	Heshvan 11
<b>ERNEST FRYDMAN</b> , Child Shoah Victim	Oct 27	Fri Oct 27	Heshvan 12
<b>BETSY JAN SWEDLOVE</b> , sister of Fern Swedlove	Oct 27	Fri Oct 27	Heshvan 12
<b>MANUEL STAPANSKY</b> , father of Rebecca Webber	Oct 27	Sat Oct 28	Heshvan 13
<b>BEN GEFFIN</b> , father of Rena Krongold	Nov 3	Tue Oct 31	Heshvan 16
<b>CHUCK LUDWIG</b> , father of Sandy Hurwitz	Nov 3	Tue Oct 31	Heshvan 16

**Standard Cards - \$18 & \$25**

**Art Cards by  
Isabel Cheer or Ruth Livingston**

\$36 & up: (7.5w x 5.5h)

**Funds**

**General, Building, Music, School,  
Rabbi's Discretionary, Torah/Book Fund**



**Thank you for your generous donations!**

We do appreciate your gifts!

We accept donations by e transfer, cheque, cash  
or credit card.

**Rabbi Allan Finkel, Cantor Len Udow, the  
Board of Directors and the Temple Shalom  
Congregation extends...**

**Thank you to**

Rabbi Allan Finkel

Janet Pelletier-Goetze

David Vamos

Erica Tallis

Steve Goetze

Adeline Goetze

Phil Spevack

Cynthia Hornstein

For all your hard work making our HH services so  
wonderful!

**General Fund**

**Thank you**

For all your hard work making our HH services so  
wonderful:

Allan Finkel

*-Judith Huebner*

Janet Pelletier-Goetze

*-Judith Huebner*

David Vamos

*-Judith Huebner*

Erica Tallis

*-Judith Huebner*

Steve Goetze

*-Judith Huebner*

Adeline Goetze

*-Judith Huebner*

Cynthia Hornstein

*-Judith Huebner*

**In Memoriam**

Frances Diamond, mother of Cynthia Hornstein

*-Cynthia & Bernie Hornstein*

**Mazel Tov**

Sheldon & Sandy Glass, on the occasion of their 60<sup>th</sup>  
wedding anniversary

*-Judy & Michael Doob*

**Condolences**

The Kraut Family, on the loss of their mother Pearl Kraut

*-Joe & Sandi Diner*



**Music Fund**

**Condolences**

Deborah Smith & family, on the loss of their mother &  
grandmother Rita Shreiber

*-Anonymous*

**Speedy Recovery**

Len Udow

*-Judy & Michael Doob*

**Mazel Tov**

Harriet & Carey Boroditsky, on their 70<sup>th</sup> birthdays

*-Bev & Peter Mendelson*

## Tikkun Olam for the High Holidays:

**We are still collecting these for our High Holidays items with four strategies to help the community. We hope you will all participate in at least one of these mitzvot.**

### 1. Feeding the Hungry:

Every year, we collect non-perishable food items for Jewish Child and Family Services (JCFS). Please bring non-perishable food items to the Temple either when you come for services between Erev Rosh Hashanah, [September 15th] and Simchat Torah, [October 7th] or drop them off when the Temple is open... *Don't forget to call first to ensure Cynthia knows you are coming.*

### 2. Clothing the Naked

This year, we will also be collecting gently used clothes and or new underwear for B'nai Brith . Please bring them to the Temple either when you come for services between Erev Rosh Hashanah, [September 15th] and Simchat Torah, [October 7th] or drop them off when the Temple is open... *call first to ensure Cynthia knows you are coming.*

### 3. Removing a Stumbling Block

Many clients of Social Service agencies and residents in long-term care need toiletries and personal care items such as tissues, toothpaste, shampoo, soap, lotions, toothbrushes, feminine hygiene products etc. Please bring them to the Temple either when you come for services between Erev Rosh Hashanah, [September 15th] and Simchat Torah, [October 7th] or drop them off when the Temple is open... *call first to ensure Cynthia knows you are coming.*

### 4. Caring for the children of the poor

Not every child has a bed to sleep in. *Sleep in Heavenly Peace* is a group of volunteers who make beds for children who have none. They are always in need of new or gently used twin sheets, pillowcases, blankets, and other linens. Please bring them to the Temple either when you come for services between Erev Rosh Hashanah, [September 15th] and Simchat Torah, [October 7th] or drop them off when the Temple is open... *call first to ensure Cynthia knows you are coming.*

**Temple Shalom: a small synagogue with a big heart**

## Two Congregations Under One Roof



Congregation  
**Shaarey Zedek**  
*Celebrating Community and Culture*

# Simchat Torah

**Saturday, October 7, 2023**

Temple Shalom • 1077 Grant Avenue • Masks Strongly Recommended

**Minyan 6:00 PM, Event 7:00 PM**



Explore Both Congregation's Many  
Torah Scroll Parchments Up Close

**Celebrate Torah and Take Part in Hakafot  
with Festive Musical Accompaniment**

Enjoy Ice Cream and Refreshments  
To Complete The Evening



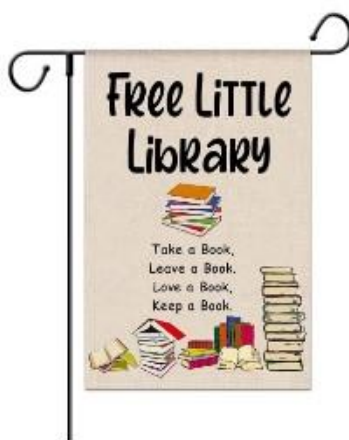
**FREE No Registration Necessary Everyone Welcome**

Questions?

Temple Shalom 204-453-1625  
tshalom1@gmail.com

Shaarey Zedek 204-452-3711  
hello@szwinnipeg.ca

## Temple Programs



**We are building a Little Free Library in the foyer of Temple Shalom.**

A Little Free Library is a free book-sharing bookshelf where anyone may take a book or share a book. They function on the honor system. You do not need to share a book in order to take one. If you take a book or two from a little library, try to bring some to share to our library. You can place your book donations on the shelf anytime.

***We are requesting that you donate only Jewish-themed fiction novels that have been published in the last 10 years.***

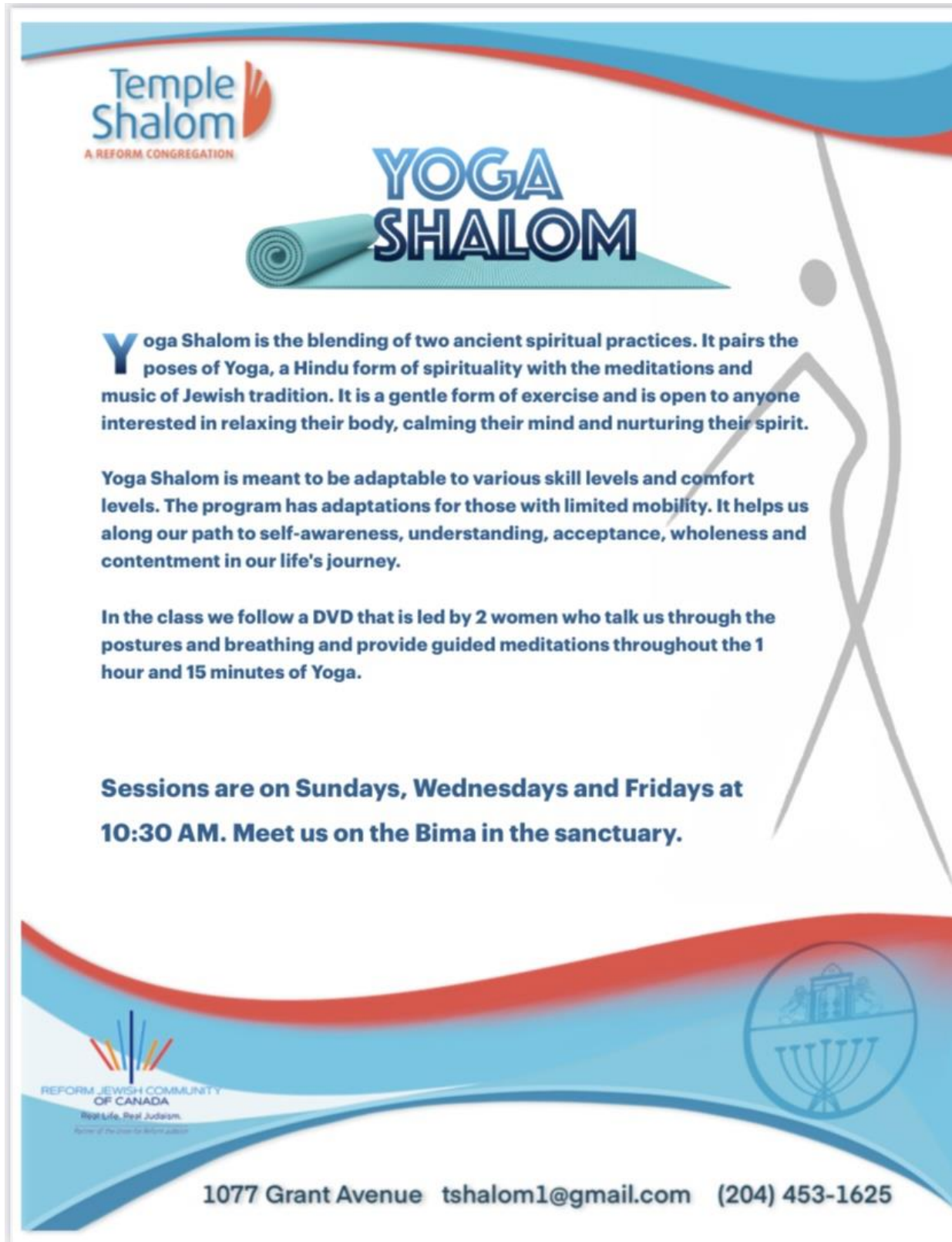
PLEASE DO NOT GIVE NON FICTION BOOKS, RELIGIOUS BOOKS OR NOVELS PUBLISHED BEFORE 2014.

*A good time to bring your books would be when you come to high holiday services.*

Happy reading everyone!



## Temple Programs

A flyer for 'Yoga Shalom' with a blue and red wavy border at the top and bottom. The top left features the Temple Shalom logo. The center has the title 'YOGA SHALOM' in large blue letters above a rolled-up yoga mat. On the right, a grey silhouette of a person is in a yoga pose. The bottom left has the Reform Jewish Community of Canada logo, and the bottom right has a circular emblem with a menorah and a building. Contact information is at the bottom center.

**Temple Shalom**  
A REFORM CONGREGATION

# YOGA SHALOM

**Y**oga Shalom is the blending of two ancient spiritual practices. It pairs the poses of Yoga, a Hindu form of spirituality with the meditations and music of Jewish tradition. It is a gentle form of exercise and is open to anyone interested in relaxing their body, calming their mind and nurturing their spirit.

Yoga Shalom is meant to be adaptable to various skill levels and comfort levels. The program has adaptations for those with limited mobility. It helps us along our path to self-awareness, understanding, acceptance, wholeness and contentment in our life's journey.

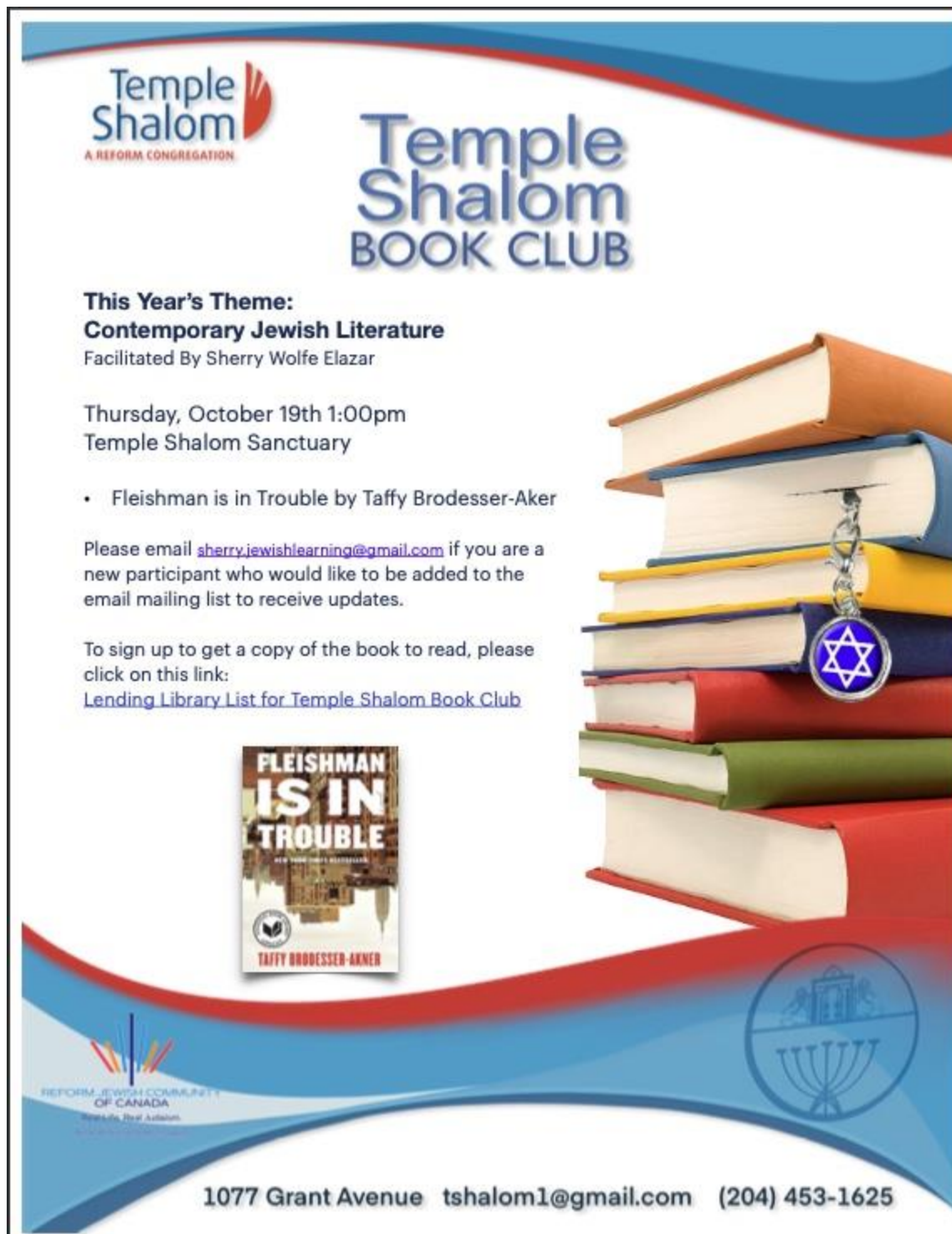
In the class we follow a DVD that is led by 2 women who talk us through the postures and breathing and provide guided meditations throughout the 1 hour and 15 minutes of Yoga.

**Sessions are on Sundays, Wednesdays and Fridays at 10:30 AM. Meet us on the Bima in the sanctuary.**

REFORM JEWISH COMMUNITY OF CANADA  
Real Life. Real Judaism.  
A member of the Union for Reform Judaism

1077 Grant Avenue tshalom1@gmail.com (204) 453-1625

## Temple Programs



The graphic features a blue and red wavy border at the top and bottom. On the right side, there is a stack of colorful books (orange, blue, yellow, red, green) with a Star of David charm hanging from the top. The Temple Shalom logo is in the top left, and a menorah logo is in the bottom right.

**Temple Shalom**  
A REFORM CONGREGATION

# Temple Shalom BOOK CLUB


**This Year's Theme:**  
**Contemporary Jewish Literature**  
Facilitated By Sherry Wolfe Elazar

Thursday, October 19th 1:00pm  
Temple Shalom Sanctuary

- Fleishman is in Trouble by Taffy Brodesser-Aker

Please email [sherry.jewishlearning@gmail.com](mailto:sherry.jewishlearning@gmail.com) if you are a new participant who would like to be added to the email mailing list to receive updates.

To sign up to get a copy of the book to read, please click on this link:  
[Lending Library List for Temple Shalom Book Club](#)



**FLEISHMAN  
IS IN  
TROUBLE**  
BY TAFFY BRODESSER-AKER

REFORM JEWISH COMMUNITY  
OF CANADA  
תנועת רפורם ישראלית  
www.reformjewishcommunity.ca

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1077 Grant Ave. Winnipeg MB R3M 1Y6 204-453-1625

[tshalom1@gmail.com](mailto:tshalom1@gmail.com) [templeshalomwinnipeg.ca](http://templeshalomwinnipeg.ca) [facebook.com/templeshalomwinnipeg](https://facebook.com/templeshalomwinnipeg)

## Community Programs

ARZA is excited to bring two outstanding speakers from Israel to Canada during **ARZA Canada Week** from October 10-22, **Noga Maliniak of the IMPJ** and **Orly Erez-Likhovski** from IRAC.

Go to [arzacanada.org/events](https://arzacanada.org/events) to read all about the various events and to register for individual programs.



On Sunday October 15<sup>th</sup>, Rabbi Sergio Bergman, President & Ms. Phyllis Dorey OAM, Chair World Union for Progressive Judaism will lead an engaging discussion on how we can make a difference in the global Reform Jewish movement.

This event will be a hybrid event, with both in person and Zoom options. You may also register directly through this link: <https://urj.tfaforms.net/1228>

**SAVE THE DATE**  
**Thursday, October 5, 2023 at 7 pm CT**  
VIRTUAL PROGRAM

**Switzer-Cooperstock Student Prize in  
Western Canadian Jewish History**

with this year's winner  
Kenneth Grad

Adjunct Professor and Ph.D. Candidate,  
Osgoode Hall Law School, York University

**Civil Law Alternatives in the Fight  
Against Hate Speech: The Case  
Study of the Marcus Hyman Act**




The Switzer-Cooperstock Student Prize at the Jewish Foundation of Manitoba was established by the Switzer family to honour the memory of their parents and grandparents.

Registration at  
[jhcwc.org/programs/](https://jhcwc.org/programs/)



# Community Programs

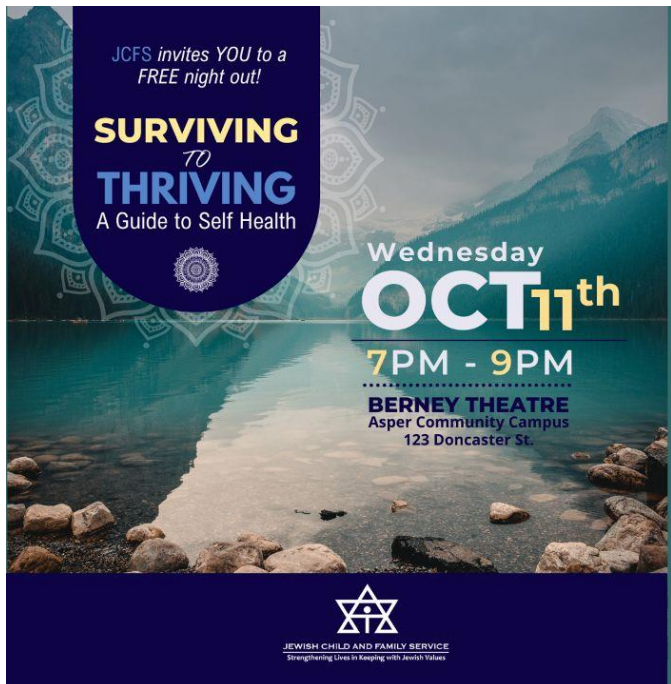
<https://www.radyjcc.com/rabbis-to-rebels/>



**Rabbis to Rebels:  
The Art of Modern  
Jewish Storytelling**

with  
**Professor Itay Zutra**


**Mondays | 7:00-8:30 pm  
Starts October 2**



JCFS invites YOU to a  
**FREE** night out!

**SURVIVING  
TO  
THRIVING**  
A Guide to Self Health

Wednesday  
**OCT 11<sup>th</sup>**  
7PM - 9PM  
**BERNEY THEATRE**  
Asper Community Campus  
123 Doncaster St.

  
JEWISH CHILD AND FAMILY SERVICE  
Strengthening Lives in Keeping with Jewish Values

## **SYLVIA MARUSYK**



Sylvia Marusyk is everything you never knew you wanted in a public speaker.

The owner and innovative mind behind **MindBody Works Inc.** she will be sharing her knowledge from over 30 years experience in the health and safety field. She emphasizes that prevention is the key to creating healthy, happy individuals. Through the use of humour and her incredibly dynamic presentation style, Sylvia leaves audiences laughing, learning and going home with the tools and confidence to change their lives for the better.

With her expertise and humour, you will walk away with:

- An understanding of how stress affects the mind and body*
- Specific tools to move from Surviving into Thriving*
- Practical solutions to deal with the three universal triggers of stress*
- An understanding of how to apply this new knowledge to reverse ageing.*

*Light refreshments will be served.*

GUEST SPEAKER

<https://www.zeffy.com/en-CA/ticketing/1b9855e6-5793-4224-b384-ed1e10e6f997?fbclid=IwAR1TaoeiQycujTe8e2ebQJf5iqnfhabi6bznu1UV0KV85r7bsi2yzlxrNI4>

1077 Grant Ave. Winnipeg MB R3M 1Y6 204-453-1625

[tshalom1@gmail.com](mailto:tshalom1@gmail.com)

[templeshalomwinnipeg.ca](http://templeshalomwinnipeg.ca)

[facebook.com/templeshalomwinnipeg](https://facebook.com/templeshalomwinnipeg)

alternative and traditional burial at  
Temple Shalom's

**Bet Chaim Mikdash Shalom**

on the property of Chapel Lawn Funeral Home

For information call  
204-453-1625 Temple Shalom

**Memorial Plaques:**

Small: \$144 (first base)  
Medium: \$180 (second base of candles)  
Large: \$360 (on candle stick)  
Flame: \$540

\*\*\*\*\*

**Tree of Life:**  
Leaf: \$144  
Rock: \$900

**Tribute Cards**

Standard Cards \$18 & \$25

Art cards by Isabel Cheer & Ruth Livingston  
\$36 & up

Funds  
General, Building, Music, School,  
Rabbi's Discretionary,  
Torah/Book Fund

**Penn Torah**

One of the Five Books  
\$3,600  
Parashah - \$900  
Biblical Story/Chapter  
\$450  
Paragraph - \$360  
Hashem's Name - \$360  
Verse - \$180  
Word - \$54  
Letter - \$36

**Planned Giving and Temple Shalom**

**Securities:** Donate securities, which have matured, but on which you prefer not to pay capital gains. When a security is donated, there is no tax on the capital gain, and a charitable tax receipt is issued for the full amount. This donation benefits you, while helping the Temple.

**Israel Bonds:** Celebrate by building for the future with the State of Israel's promise of a bond! Israel Bonds may be given as gifts, in either CDN or US!  
Israel Bonds can be registered jointly in the name of Temple Shalom and are 100% self-directed RRSP, RRIF, TFSA & RESP eligible. Pledge cards are available on the table in the lobby near the sanctuary.

**Estate Planning:** We are grateful to those donors who remember Temple Shalom with Bequests. These gifts contribute significantly to the Temple's long-term financial well-being and help ensure its success in our Jewish Community and as a representative of the Reform Movement in Canada.  
As you make plans for your estate, we hope that you will consider a bequest to Temple Shalom.